

| 2021 All-District 5-5A Offense First Team | | | |
|---|-------------------|----------------|-------|
| Position | Name | School | Class |
| WR | Shelton Sampson | Catholic | Jr. |
| WR | Allen Stark | East Ascension | Sr. |
| WR | Noah Louque | St. Amant | Sr. |
| WR | Jaylon Henry | Woodlawn | Sr. |
| TE | Prince Edwards | Catholic | Sr. |
| OL | Emery Jones | Catholic | Sr. |
| OL | Ethan Fields | Dutchtown | Jr. |
| OL | Jayven Richardson | East Ascension | Sr. |
| OL | Roy Brackens | Woodlawn | Jr. |
| OL | Jeron Lewis | Woodlawn | Sr. |
| RB | Corey Singleton | Catholic | Sr. |
| RB | Dylan Sampson | Dutchtown | Sr. |
| RB | Walter Samuel | East Ascension | Jr. |
| RB | Amani Givens | Woodlawn | Sr. |
| QB | Rickie Collins | Woodlawn | Jr. |
| K | Landon Carter | Catholic | Jr. |
| K | Evan Kern | East Ascension | Sr. |
| ATH | Cole Poirrier | St. Amant | Sr. |
| | | | |
| OFF MVP | Rickie Collins | Woodlawn | Jr. |

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|--|------------------|----------------|-------|
| Position | Name | School | Class |
| WR | Tre Benson | Catholic | Sr. |
| WR | Daniel Harden | Catholic | Jr. |
| WR | Zhavier Jupiter | East Ascension | Jr. |
| WR | Clayton Adams | Woodlawn | Jr. |
| WR | Kyle Jones | Woodlawn | Sr. |
| TE | Tanner Oliver | St. Amant | Sr. |
| OL | Jonathon Beale | Catholic | Sr. |
| OL | Jacob Johnson | Catholic | Jr. |
| OL | Ty Quibodeaux | Dutchtown | Sr. |
| OL | Lajadden Jackson | East Ascension | Sr. |
| OL | Trinity Williams | St. Amant | Jr. |
| OL | Tylan Day | Woodlawn | Sr. |
| RB | Tae Nicholas | Catholic | Sr. |
| RB | Baylor Langlois | Dutchtown | Sr. |
| RB | Jacorey Johnson | East Ascension | Jr. |
| RB | Jeremiah Allen | McKinley | Jr. |
| RB | Jay'Veon Haynes | Woodlawn | Jr. |
| QB | Daniel Beale | Catholic | So. |
| ATH | Brennon Thompson | East Ascension | Sr. |
| | | | |

| 2021 All-District 5-5A Defense First Team | | | |
|---|--------------------|----------------|-------|
| Position | Name | School | Class |
| DL | Jermaine Vessell | Catholic | |
| DL | Thomas Lee Jr. | East Ascension | Sr. |
| DL | Dylan Carpenter | St. Amant | Jr. |
| DL | Mark Fielder | Woodlawn | Jr. |
| LB | Jack Massey | Catholic | Sr. |
| LB | Dickson Agu | Dutchtown | Jr. |
| LB | Joshua Berfect | East Ascension | Jr. |
| LB | Jax Melancon | St. Amant | Sr. |
| LB | Jayden Woods | Woodlawn | Sr. |
| DB | Josh Wax | Catholic | Sr. |
| DB | AK Burrell | Dutchtown | Jr. |
| DB | Kendrick Broussard | East Ascension | Sr. |
| DB | DJ Delmore | Woodlawn | Jr. |
| DB | Jordan Matthews | Woodlawn | Jr. |
| P | Kylan Dupre | Catholic | Sr. |
| FLEX | Josh Robertson | Catholic | Sr. |
| FLEX | Ketrick Owens | Woodlawn | Sr. |
| RET | Tre Benson | Catholic | Sr. |
| | | | |
| DEF MVP | Dylan Carpenter | St. Amant | Jr. |

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|--|----------------|----------------|-------|
| Position | Name | School | Class |
| DL | Jordan Toaston | Catholic | |
| DL | Josh Johnson | Catholic | |
| DL | Alex Lambert | East Ascension | Sr. |
| DL | Ellis McKneely | Woodlawn | Sr. |
| DL | Devin Boyd | Woodlawn | Sr. |
| LB | Harold Lawson | Catholic | Jr. |
| LB | Royce Handy | McKinley | |
| LB | Lee Amedee | St. Amant | Sr. |
| LB | Stephen Landry | St. Amant | Sr. |
| DB | Benji Gordon | Catholic | Sr. |
| DB | Keith Thomas | East Ascension | Sr. |
| DB | Brandt Zeller | St. Amant | Sr. |
| DB | Marcus Stewart | Woodlawn | Sr. |
| P | Evan Kern | East Ascension | Sr. |
| FLEX | Tanner Vadnais | Dutchtown | Sr. |
| RET | D'Andre Taylor | St. Amant | Sr. |
| | | | |
| COY | Marcus Randall | Woodlawn | |